

## Membership Options – Summary Table

Membership Type	Annual Fee	EA Affiliation	Session Fees (Tues/Thurs)	Key Benefits	Not Eligible For
<b>Affiliated</b>	£35 (£23 to EA)	Yes	£1 per session	<ul style="list-style-type: none"> <li>• HRC Club Membership *</li> <li>• England Athletics affiliation</li> <li>• EA race discounts</li> <li>• EA benefits &amp; services</li> <li>• London Marathon draw</li> </ul>	—
<b>Annual Affiliated</b>	£85 (£23 to EA)	Yes	<b>Included</b> (unlimited sessions)	<ul style="list-style-type: none"> <li>• All benefits of affiliated</li> <li>• No session fees</li> <li>• Helps club cash flow</li> <li>• London Marathon draw</li> </ul>	—
<b>HRC Club Membership (Non-Affiliated)</b>	£12	No	£1 per session	<ul style="list-style-type: none"> <li>• HRC Club Membership *</li> <li>• Attend all club sessions</li> <li>• Can wear HRC kit</li> <li>• Participate in club activities</li> </ul>	<ul style="list-style-type: none"> <li>• London Marathon draw</li> <li>• Free club event place draws</li> <li>• EA discounted race entry</li> </ul>
<b>Annual HRC Club Membership (Non-Affiliated)</b>	£62	No	<b>Included</b> (unlimited sessions)	<ul style="list-style-type: none"> <li>• All the benefits of HRC Club Membership</li> <li>• No session fees</li> </ul>	<ul style="list-style-type: none"> <li>• London Marathon draw</li> <li>• Free club event place draws</li> <li>• EA discounted race entry</li> </ul>
<b>Second Claim Membership</b>	£12	Already affiliated elsewhere	£1 per session (or choose Annual HRC Club membership)	<ul style="list-style-type: none"> <li>• HRC Club membership* as second claim</li> </ul>	<ul style="list-style-type: none"> <li>• London Marathon draw</li> <li>• Free event place draws</li> </ul>
<b>Student Membership – Affiliated (18+)</b>	£28 (£23 to EA)	Yes	£1 per session	<ul style="list-style-type: none"> <li>• HRC Club membership *</li> <li>• EA race discounts</li> <li>• EA benefits &amp; services</li> <li>• Student pricing</li> </ul>	—
<b>Student Membership – Non-Affiliated (18+)</b>	£5	No	£1 per session	<ul style="list-style-type: none"> <li>• HRC club membership*</li> <li>• Attend all club sessions</li> <li>• Student pricing</li> </ul>	<ul style="list-style-type: none"> <li>• EA discounted race entry</li> <li>• London Marathon draw</li> <li>• Free event place draws</li> </ul>
<b>Student Membership – Second Claim (18+)</b>	£5	Affiliated elsewhere	£1 per session	<ul style="list-style-type: none"> <li>• Join HRC as second claim</li> </ul>	<ul style="list-style-type: none"> <li>• London Marathon draw</li> <li>• Free event place draws</li> </ul>

EA = England Athletics

HRC club membership \* currently also includes access to a weekly members-only Strength Class provided by a third party for a session fee